

# ALMOST ICARUS

OR

RECOVERING FROM PARKINSON'S DISEASE:

UNDERSTANDING ITS CAUSE AND  
MASTERING AN EFFECTIVE TREATMENT

JANICE WALTON-HADLOCK



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To my teachers, I offer this addition to the lore.

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## People who are taking anti-parkinson's medications

We regret to announce that we cannot, at the present time, recommend the treatments suggested herein for people who have ever taken anti-parkinson's medications for more than three weeks.

For more information about our research in this regard, please read *Medications of Parkinson's Disease or Once Upon A Pill: Patient Experiences with Dopamine-enhancing Drugs and Supplements*, by Janice Walton-Hadlock. This book is available for free download at [www.pdrecovery.org](http://www.pdrecovery.org)

According to Greek mythology, Daedalus was a brilliant inventor. To escape the Labyrinth in which he and his son, Icarus, were imprisoned, Daedalus fashioned wings of feathers and wax. They soared to safety, but Icarus, defying warnings, flew too close to the sun. The heat of the sun melted the wax. Icarus fell into the sea and was lost.